dear friends,

We always enjoy the opportunity to look back on another year of growth in the community. At United Family Medicine, we consider it a privilege to help bring greater health and well-being to so many individuals. We don’t just serve the community, we are a part of it. The entire community benefits when individuals, families, and neighborhoods have access to support and resources that promote their overall good health. We have much to celebrate and much to be grateful for as we reflect on 2017.

We celebrated together as a community at our 2nd annual Healthy West 7th Block Party. We gathered friends, neighbors, patients and partners to enjoy the community we all share. We hosted our fourth Crucial Catch Day focused on breast cancer screening and we launched a pilot program offering “Convenience Care,” making services available to the community on a flexible, walk-in basis as an affordable alternative to emergency room care.

We also began a focused effort addressing the dire crisis of opioid misuse and addiction. In 2018, United Family Medicine will be implementing a comprehensive initiative aimed at changing the way addiction is treated, and changing prescribing practices for the treatment of chronic pain. We are committed to saving lives and helping individuals safely return to good health.

We wish to extend our best wishes as we bid farewell to our Chief Executive Officer, Brian Nasi. We look forward to welcoming a new leader of United Family Medicine later this year.

Lastly, a sincere thank you to our inspiring partners and generous donors that supported United Family Medicine over the past year. You make a difference in the lives of our patients every day and we are truly grateful.

Melissa Parker,
Interim Chief Executive Officer and Chief Operating Officer

George Baboila,
Board Chair

MISSION
Excellence in delivering healthcare for all; training the providers of tomorrow.

VISION
A healthy, vibrant, and thriving community.
**Clinic Visits**
64,091

**Clinic Patients**
15,426

4% Increase in patients over previous year

**Dental Visits**
5,108

**Dental Patients**
1,790

309 Sealants placed on 232 patients

**Mental Health Visits**
3,932

**Mental Health Patients**
948

Expanded mental health services to pediatric patients

---

**RESIDENTS INSPIRING GOOD HEALTH**

The United Family Medicine Residency Program is training the next generation of primary care physicians. As part of the residency program, every resident contributes to the health of the community by designing a three-year primary care project that promotes better health and provides outreach services. In 2017, UFM residents actively engaged at-risk community members in 14 different community-oriented, healthy lifestyles programs.

One community project that has had impressive outcomes is the Stride Squad program. Doctors Shannon Fleming, MD and Dane Nimako, MD are focused on improving the health of people living with serious mental illness. In Minnesota, the life expectancy of this group is reduced by 24 years due, in large part, to obesity. Stride Squad uses a group visit model to promote healthy, sustainable weight loss. Through a collaboration with RADIUS Health, a behavioral health case management organization, participants are empowered with the knowledge they need to make healthier lifestyle choices. The goal is to help participants reduce weight by at least 5% by choosing a diet rich in fruits and vegetables, and increasing physical activity. At five months into the project the total combined weight loss of participants is more than 100 pounds!

We are proud of our residents and grateful for their positive impact in the community.

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**Clinic Honors**


United Family Medicine Residency Program ranked the highest in the country in 2017 — out of 513 programs for a five-year rolling average of board exam scores.
2017 Milestones

HEALTHY WEST 7TH BLOCK PARTY
This past August we threw our second block party. Our first community health-focused block party in 2016 was such a success, we decided to do it again! The 2017 Healthy West 7th Block Party brought together businesses and organizations to celebrate all the wonderful uniqueness of the West 7th community.

We treasure the opportunity to meet people, learn about each other, engage in important discussions and enjoy our shared community. We are grateful to our title sponsor, The Language Banc, and other sponsors and participating organizations who helped make the event possible and we hope to continue the tradition. We believe that in coming together and working together we are building a stronger, healthier community.

CRUCIAL CATCH — YOUR DAY TO FIGHT BREAST CANCER
On October 24, UFM hosted our fourth event focused on breast cancer screening and education. Crucial Catch Day—Your Day to Fight Breast Cancer is made possible by a grant from the American Cancer Society and the National Football League. The event helps us make much needed resources and support more accessible to everyone in the community. This year Crucial Catch also included efforts to increase colorectal cancer screenings. Partner agencies Colon Cancer Coalition and Minnesota Gastroenterology participated by educating patients.

CONVENIENCE CARE
In the fall of 2017, UFM launched a Convenience Care pilot program at our main clinic. Convenience Care offers a more flexible, affordable alternative to an emergency room visit. Services are available on a walk-in basis and while Convenience Care is not meant to replace a patient’s primary care physician, it can be a critical service for patients who are unable to see their physician due to scheduling issues.

Convenience Care offers our most vulnerable patients and community members an affordable option that complements traditional medical services. We hope it also presents an opportunity for many to visit for the first time. For some patients, the program could be an entry point to a longer-term care solution.
The donor list reflects all gifts made between January 1, 2017 and December 31, 2017.

Donors

**FOUNDATIONS AND CORPORATIONS**

*Allina Health System*
*American Cancer Society*
*Association for Nonsmokers—Minnesota*
*Back To Wellness Chiropractic, PLLC*
*F.R. Bigelow Foundation*
*Blue Cross and Blue Shield of Minnesota Foundation*
*Colon Cancer Coalition*
*Delta Dental of Minnesota Foundation*
*Dermatology Consultants, PA.*
*Dialogue One*
*Ellie Family Services*
*Eyes All Over*
*Greater Twin Cities United Way*
*Haggerty Family Foundation*
*Hardenbergh Foundation*
*Hazelden Betty Ford Foundation*
*Health Resource Services Administration (HRSA)*
*Highland Chateau Health and Rehabilitation Center*
*McGough Construction Company, Inc.*
*Midwest Language Banc, Inc.*
*Mind Body Synergy Institute*
*Minnesota Academy of Family Physicians Foundation*
*Minnesota Department of Health*
*Mississippi Market*
*National Kidney Foundation*
*Open Arms of Minnesota*
*Organic Chiropractic*
*Otto Bremer Trust*
*Our Lady of Peace*
*Radios Health*
*Ramsey County Public Health*
*Sholom Community Alliance*
*Sokol Minnesota*
*Springboard for the Arts*
*UCare*
*West 7th Pharmacy, Inc.*
*YWCA St. Paul*

**INDIVIDUALS**

*Rita Adam*
*Walter and Leslie Albertson*
*Mary Anderson*
*Anonymous*
*Arlene Appelbaum*
*Lucy Armond*
*James Art*
*George Baboila*
*Barbara Ann Beltrand*
*MaryAnn and David Benke*
*Eric and Daniel Bennett*
*Lidiya Berg*
*Richard and Judy Berg*
*Tamera Berget Larson*
*Marilyn Bierden*
*Julie Borgerding July*
*Mary Bradford Clark*
*Sema Bronshetyn and Ida Kishko*
*Dr. David Bucher*
*Gayle Burdick*
*Robert Burkhartd*
*Ann Burkholder*
*Barbara Burleigh*
*Russ Bursch*
*Dr. Joseph and Eileen Capecchi*
*Dr. Robert and Mary Casper*
*Daniel Cherryhomes and Patricia Collins*
*Jeanne Christopher*
*Jennifer Chung*
*Joanne Clarke*
*John Clay*
*Ed Cleary*
*Gayle Cole*
*Jill Corser*
*Paula Coyne*
*Lydia Crawford and Phil Davies*
*John and Anne Csargo* *
*Daymond and Valerie Dean* *
*Michael and Vanessa DeCourcy, Jr.* *
*Diane Devaney*
*Jeff Dubois*
*George Emrick*
*Brian Engdahl and Raina Eberly*
*Judith Erdmann*
*Katherine Fandrey*
*Michael and Janice Faust*
*Mary Findsplaces*
*Roberto Fonts* *
*Connie Foote*
*Marianne Funk*
*Paula Gallagher*
*Marla Gamble*
*Mark Gauthchi*
*Kim Geiser*
*Ramon and Maria Gomez*
*Alison Green*
*GrowthMode Marketing*
*Jill and Dan Gustafson*
*Dr. Katherine Guthrie and John Ward*
*Dr. David Haugland*
*Sheila Hayes*
*Ronald Henning*
*Stanley and Jane Hooper*
*Mary Horan*
*John Howard*
*Ruby Hunt*
*June Husom*
*David Huss*
*Kimberly Hyers* *
*Sofya Introlegator*
*David Irvin*
*Janet and Les Johnson*
*Michael and Anne Johnson*
*Dr. Cassandra Jones*
*Aron Kahn*
*James Keller and Patricia Johnson Keller*
*Gary Ketch*
*Edward Kiefer*
*Anna and Tom Kieselbach*
*Mary Kinney*
*Juli Kinzer*
*Cory and Sheila Kissling*
*Caroline Kniech*
*Karen Koepp*
*Asia Kogan*
*Thomas and Kathryn Kromroy*
*Kristen LaFavor*
*Steven and Rose Lambros* *
*Patti Lawson*
*Linda Lease*
*Harold Lebo*
*James and Bettie Lee*
*Rebecca Leier and John Perezino*
*Irving and Gwen Lerner*
*Maxine Letourneau*
*Richard and Margaret Lidstad*
*James Lockwood*
*Janet Lotzer*
*Cindy Mackintosh*
*Jody Manahan*
*Kathleen Marac*
*Christopher Markov* *
*Dr. Peter Marshall*
*Richard Mattson*
*Maxine and Kenneth McCormick*
*Genevieve McJilton*
*Mary Kay McJilton* *
*Sarah McKay*
*Mary Mercado*
*Regan and Gerry Miller*
*Karen Moehring*
*Rosemary Morgan*
*James Mueller*
*Marina Munoz Lyon*
*Michael and Marilyn Myers*
*Edmund and Mary Newman*
*Betty Nicholson*
*Becca Norris* *
*Mark Olson and Margaret Fust-Olson*
*Dick and Anne Otley*
*Jinny Palen* *
*John Parker*
*M. Bruce Parker*
*Roshan Paudel*
*Mary Pederson*
*Jill Pennie and Mark Pearson*
*Catherine Perrone*
*Ferdinand Peters*
*Curtis and Anne Petersen*
*Dr. Alison and Kevin Peterson* *
*Daniel Peterson*
*Dr. Lisa Phifer and Dr. Jared Jones*
*Linda and John Phillips*
*Matthew Jay Porter*
*Debra Rassat*
*Lois Reardon*
*William Reiling*
*Arthur Renteria*
*Denise Reuter*
*Dennis Ring*
*Rosemarie Roach*
*Dr. Jennifer and Tim Roberts*
*Katrina Roth*
*Mark Sacewicz*
*Mary Salguero*
*Ken and Mary Schaefer* *
*Dr. Paul and Karen Schanfield*
*Julie Scheid*
*Joyce Schliesing and Eugene Szondy*
*Jeanne and David Schmalz*
*Ann and Thomas Schroeder*
*Diane Schwabe*
*Mary Louise Sery*
*Janet Shellman and Art Renteria*
*William and Jane Skar*
*David Smith*
*Arkady Sokolovsky*
*Valija Springstead*
*St. Philip’s Lutheran Church*
*Mary and James Stahlmann*
*Nicole and Jenny Starr*
*Linda and James Stein*
*Lisa Stein*
*Richard Steiner*
*Chris Stuart*
*Janice Sullivan*
*Kirsten Szendrey*
*Gloria and Maurizio Tava*
*Dr.s. Naomi and David Tetzlaff*
*Christy Timm-Hughes and Chris Hughes*
*Sharon Vievering*
*Margaret Walsh*
*Scott Wendt*
*Wally Wescott*
*Mary Ellen and Chuck West*
*Roy and Judith Wolff*
*Barbara Wulf*
*Teng Chien Yu*
*James Zieba*

*Board Member ~ West 7th Legacy Society Member*
2017 Financial Performance

OPERATING REVENUE AND SUPPORT 2017

<table>
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<tr>
<th>Revenue Source</th>
<th>Amount</th>
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<tbody>
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<td>Patient Revenue</td>
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<td>Federal Grant Funds</td>
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<td>Grants and Contributions</td>
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<td>Permanently Restricted</td>
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OPERATING EXPENSES

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<td>Depreciation</td>
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**NET REVENUE OVER EXPENSES**

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<td><strong>$490,280</strong></td>
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CURRENT ASSETS 2017

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<td>Certificates of Deposit</td>
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<td>Patient Receivables, Net</td>
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<td>Pledges Receivable</td>
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<td>Prepaid Expenses and Other Current Assets</td>
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PROPERTY AND NET ASSETS

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LIABILITIES AND NET ASSETS

**CURRENT LIABILITIES**

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**NET ASSETS**

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**TOTAL LIABILITIES AND NET ASSETS**

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<td><strong>$21,347,282</strong></td>
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